

Mill Road Surgery

Newsletter July / August 2017

Surgery Telephone: 0114 2456370

Website address: www.millroadgpsurgery.co.uk



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BE SUN SAFE AND ENJOY THE SUMMER

Changes to when you will attend for a medication review

We are streamlining the way we conduct medication reviews. These reviews are necessary for you to continue to receive your repeat prescriptions. We are trying to align your annual medication review date to your birth-month. In time, we will bring all your reviews to coincide with your birth-month including those for diabetes or inhalers. This adjustment may take some time to implement. How you can help us is, if you have annual blood tests or annual blood pressure checks, book in for these in the month before your birth-month or set a reminder on your calendar. Thank you.

Men ACWY Immunisation MenW disease continues to increase overall. Around a third of MenW cases in unvaccinated 15-19 year olds have been fatal.

Teenagers born between 01/09/1998 –31/08/1999 who have not yet had the vaccine please book an appointment with the practice nurse

DNA (Did Not Attend)—Lost appointments for May

Doctors	30 appts	7.5 hours
Nurses	28 appts	10.7 hours
Healthcare	16 appts	2.8 hours
Counsellors	3 appts	2.5 hours

Please cancel your appointment if it is no longer needed.

Measles, mumps and rubella

Due to the recent measles outbreak we would like to clarify the situation with vaccinations

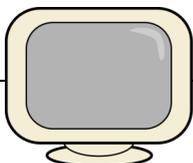
Most UK residents born before 1970 have been exposed to these infections and have natural immunity.

The British immunisation schedule stipulates that children should receive 2 doses of MMR at 1yr of age and at approx. age 3yrs and 4 months.

Anyone born after 1970 should have had 2 vaccines each containing a measles, mumps and rubella component. If you are unsure whether you have had MMR x 2 please call the surgery and we can check your past medical records.

All adults aged 65yrs and over are eligible for a **pneumococcal vaccine**. People in an at risk group may be entitled to have the vaccine at an earlier age. Please contact the surgery for further information

WOW!!! As part of our Productive General Practice Plan, we now have a new self check in screen it's very easy to use. Please use this new facility if you are able, it allows the reception staff to deal with other work and it also informs you of which clinician you are seeing and how many other patients are waiting.



Asthma Reviews for Children

It's now getting towards the school summer holidays and we recommend that you make your **child's asthma review** appointment with the Practice Nurse.

Why your doctor may not prescribe your usual medicines

In Sheffield, we currently spend over £3 million a year on medicines that are widely available to buy over-the-counter without a prescription and a further £300,000 on expensive branded medicines where a non-branded product would have been available at a much lower cost.

Therefore GPs have been asked not to prescribe a number of products on the NHS. This is for products that have shown to offer limited health benefits or that can be purchased at a relatively low cost in pharmacies and supermarkets(eg cough and cold remedies). GPs have also been asked to prescribe generic (non-branded) medicines rather than the more expensive branded versions.

Should you require any further information please see the **Why your doctor may not prescribe your usual medicines** leaflet available in the surgery.

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: Would you like to order your prescription on line? We currently :
: have 993 who have already registered for this services, it's a really :
: convenient way of ordering a repeat medication and combined :
: with **EPS** (Electronic Prescription Service) this is when your :
: prescription will be sent automatically to the pharmacy of your :
: choice, dramatically improve the ease of which medication is :
: issued. This service is reliable, secure and confidential. :
:.....

Dementia Friendly Exercise Classes
at your local Sheffield venue Only
£3.75 per class
Concord Sports Centre: every Friday,
1.30pm - 2.30pm
Ponds Forge: every Tuesday,
2.30pm - 3.30pm
Carers/friends/family members can
enjoy **free access**.

Did you know patients can be seen by a **practice nurse** on
weekends and weekday evenings at a local satellite unit.
Services that are available are
Blood tests
Ear Syringing
Suture Removal
Asthma Reviews
Cervical Smear Test
Wound checks and Dressing *** Patient must provide
own bandages & gauze etc
Ask at reception if you need this service

Sheffield is involved with the new promotion
Fear or Smear
Having your smear test (cervical screening) is an
important way to make sure you're healthy & notice
any changes to your cervix before they become a
problem. it's a test all women aged 25 to 64 should
have every 3 to 5 years
Women aged 25 to 49 will be invited every 3 years
Women aged 50 to 64 will be invited every 5 years
Visit the website for more information
<http://fearorsmear.dbh.nhs.uk/>

Group health education sessions
We are thinking about organising some group health education sessions which could include **diabetes, asthma, COPD** and **hypertension**. At this stage we would like your response to see if this is something that patients would be interested in attending and what time of sessions would be most popular. Please detached the slip and hand in at reception.

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Name Date of birth

YES I WOULD BE INTERESTED IN ATTENDING GROUP SESSIONS

I WOULD PREFER A MORNING SESSION

I WOULD PREFER AN AFTERNOON SESSION

I WOULD PREFER AN EVENING SESSION

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